



Evidence-Based Oral Health Education Programs

Better Together

<https://www.nemours.org/about/policy/practice-prevention.html#toggle-O>

Better together helps child care providers assess and improve their practices around tooth brushing, food and beverages provided, teacher practices, education and professional development, and center policies. The project uses Early Care and Education (ECE) model. The implementation toolkit for this model can be downloaded [here](#)

Brush Dental

<https://brushdental.org/resources/>

Brush provides curriculum and resources to improve children's oral health in the early childhood and home visiting settings.

Cavity Free Kids Classroom and Child Care

<http://cavityfreekids.org/resources/head-start-and-child-%20%20care-curriculum/>

This is a classroom and child care curriculum for oral healthcare.

Colgate Kids' World

<https://www.colgate.com/en-us/oral-health-education>

Colgate Kids' World is an interactive site for kids where they can play games and learn about oral health. There is also a [classroom kit](#) that can be ordered through the site (for free).

Go NAPSACC Self-Assessments

<https://gonapsacc.org/self-assessment-materials>

Self-Assessments help child care providers compare their practices to best-practice standards based on the most up-to-date research

Healthy Teeth – Hands-On Science Activities

https://www.educationworld.com/a_lesson/04/lp332-01.shtml

This is a lesson plan for a series of science experiments that show the importance in brushing one's teeth. The lessons can be used in science classes for grades Pre-K-12.



Lessons In A Lunch Box

<http://mycohi.org/lunchbox.html>

This is a “Healthy Teeth Essentials & facts About Snacks” program to ensure teachers, parents and children are all working together to help eliminate poor oral health.

Navigating the Health Care System

<https://www.movinghealthcareupstream.org/navigating-the-health-care-system/>

Navigating the Health Care System is a four-unit health literacy curriculum designed by Nemours Children’s Health System designed to prepare high school and college-age teens to be responsible for managing their own health care as they transition into adulthood.

Open Wide and Trek Inside

<https://science.education.nih.gov/supplements/webversions/oral-health/default.html>

Open Wide and Trek Inside is a web-based curriculum that integrates science with oral health education.

Oral Health Education

<http://www.dhss.mo.gov/living/families/oralhealth/oralhealtheducation.php>

The Missouri Department of Health and Senior Services offers a series of educational PowerPoint sets to present to school-aged children about oral health.

Oral Health for Maryland’s Kids: Head Start Teacher’s Guide

<https://www.mchoralhealth.org/ohmdkids/>

This is facilitator’s guide to implement an oral health program in Head Start programs.

Smiles for Life Curriculum

<https://www.smilesforlifeoralhealth.org/resources/practice-tools-and-resources/primary-care-oral-health-integration-guide/>

The Primary Care Oral Health Integration Guide is an organized, evidence-based care set of materials to assist in the integration of oral health into the primary care setting.

Smile Smarts Oral Health Curriculum

<https://www.mouthhealthy.org/en/resources/lesson-plans/smile-smarts>

The American Dental Association offers the Smile Smarts curriculum to educate children from preschool age through eighth grade about oral health.

Tooth Talk

<http://toothtalk.org/>

Tooth Talk is an easy-to-use website that interactive training on improving young children’s dental health. They also offer [free courses](#) on implementing tooth brushing programs in childcare facilities.