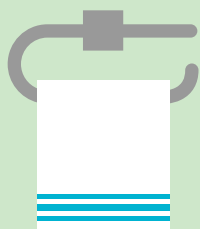




# BABY BASICS

Even though they have fewer teeth — and none at all, for a while — babies' teeth and gums need the same attention as adults.



Before teeth come in, wipe baby's gums with a soft, clean cloth after each feeding.



When two teeth touch, it's time to break out the floss.

Water is all that's necessary for brushing for the first couple of years.



Babies should see the dentist by age 1 or 6 months after the first tooth comes in.



SORE GUMS

Soothe a teething baby with teething rings, a cool spoon or a gum massage.



When a tooth pops up, use a small, soft-bristled toothbrush twice daily.



## Help prevent tooth decay.

Don't give bottles with juice or milk at bedtime or naptime. Water is safe for children 6 months or older.



If a pacifier falls on the ground, wash it with water — not your mouth.

Sharing is normally good! But not when it comes to food or utensils.

